BAR HARBOR, ME

SOUP & SALAD

AT LUNCH, ALL OF OUR SOUPS ARE MADE FROM SCRATCH. OUR SALAD PRODUCE IS LOCALLY SOURCED AND OUR DRESSINGS ARE MADE IN HOUSE.

FOR SALADS: ADD CHICKEN CURRY SALAD OR LOBSTER SALAD

\$6/12

SANDWICH

ADD LOCAL MAINE FOX FARM CHIPS

\$2

PANINI

ALL PANINI SANDWICHES COME ON PRESSED ITALIAN LOAF

#1	GRILLED NECTARINES • ARUGULA • BRIE • DRIZZLE OF HONEY	\$ 11
#2	GRILLED TANDOORI CHICKEN • CURRY SLAW • CHEF'S ROASTED GARLIC AIOLI	\$ 11
#3	PROSCIUTTO •GORGONZOLA • FIG JAM • WALNUT BUTTER	\$ 11
#4	LOBSTER SALAD • TARRAGON • SCALLIONS • CHEDDAR	\$ MARKET
#5	BLACK FOREST HAM • APPLES • CHEDDAR • BALSAMIC GLAZE	\$ 11
#6	MUENSTER • MOZZARELLA • CHEDDAR	\$ 9

ITALIAN

ITALIAN SANDWICHES COME ON LOCALLY CRAFTED & BAKED ITALIAN LOAF WITH LUNCH'S HOUSE PICKLES

#1	SALAMI · BLACK FOREST HAM · MOZZARELLA · MARINATED TOMATOES	\$ 12
	ROASTED RED PEPPER • ONION • HOUSE SANDWICH OIL	
#2	CAPICOLA · SALAMI · BLACK FOREST HAM · MOZZARELLA · MARINATED TOMATOES	\$ 12
	ONION • HOUSE SANDWICH OIL	
#3	CAPICOLA • PEPPERONI • MOZZARELLA • MARINATED TOMATOES • ROASTED RED PEPPERS	\$ 11
	ONION • CHERRY PEPPER RELISH	

SPECIAL

CHOICE OF WHITE OR WHEAT BREAD (EXCLUDES LOBSTER ROLL)

#1	LOBSTER ROLL: AVAILABLE HOT OR COLD	\$ MARKET
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	HOT: LOBSTER • WARM BUTTER • ROLL	
	COLD: LOBSTER • TOUCH OF MAYO • LETTUCE • ROLL	
#2	2 EGG SALAD: PEPPERONI • ONIONS • CELERY • FRIED CAPERS	\$ 10
#3	3 CURRY CHICKEN SALAD: ROASTED CHICKEN • ONION • CELERY • JALAPENOS	\$ 11
	GOLDEN RAISINS • MIXED GREENS	
#4	4 CHOICE OF ROASTED TURKEY OR BLACK FOREST HAM	\$ 10
	SMOKED CHEDDAR • MARINATED TOMATOES • RED ONION • MIXED GREENS	
#1	5 POASTED GARLIC HUMMUS! ONION, POASTED RED PEPPERS, MARINATED TOMATOES, PICKLES	\$ 0

BRIUNCH

BRUNCH IS SERVED UNTIL 11:30AM

#1	BRUNCH SANDWICH: BAGEL OR ENGLISH MUFFIN • FRIED EGG • HAM, SAUSAGE, OR BACON	\$6
	AMERICAN, SMOKED CHEDDAR, OR FONTINA CHEESE	
#2	BAGEL: PLAIN OR EVERYTHING BAGEL	
	W/CREAM CHEESE: PLAIN	\$3
	W/CREAM CHEESE: ROASTED RED PEPPER, CARMELIZED ONION & PROSCIUTTO	\$4
#3	PANINI HUMMUS TOAST:	
	W/ROASTED GARLIC HUMMUS • FRIED EGG • HERB CREMA • SCALLIONS	\$6
	W / ROASTED GARLIC HUMMUS . AVOCADO . ROASTED RED PEPPERS . CUCUMBER . RED ONION	\$ 6